



TRAMPOLINE / SYNCHRO ROUTINE SHEET



LEVEL / AGE: _____

GENDER: Male / Female

Name: 1. _____

2. _____ (Synchro only)

Club: _____

Compulsory

	Skills	DD	Judge
1			
2			
3			
4			
5			
6			
7			
8			
9			
10			
TOTAL			

Voluntary

	Skills	DD	Judge
1			
2			
3			
4			
5			
6			
7			
8			
9			
10			
TOTAL			

Finals (if applicable)

	Skills	DD	Judge
1			
2			
3			
4			
5			
6			
7			
8			
9			
10			
TOTAL			





DOUBLE MINI TRAMPOLINE ROUTINE SHEET



LEVEL / AGE: _____

GENDER: Male / Female

Name: _____

Club: _____

Pass	Preliminary Passes			DD	Judge
1					
2					

Pass	Final Pass (if applicable)			DD	Judge
1					
2					





TUMBLING ROUTINE SHEET



LEVEL / AGE: Level 4

GENDER: Male / Female

Name: Tully Angel

Club: Miranda RSL Youth Club

Preliminary Passes

<i>Pass 1</i>			
	Skills	DD	Judge
1	Round Off	0.1	
2	Flic	0.1	
3	Flic	0.1	
4	Flic	0.1	
5	Back Full	0.9	
6			
7			
8			
Sub Total		1.3	
Change Penalty			
TOTAL			

<i>Pass 2</i>			
	Skills	DD	Judge
1	Round Off	0.1	
2	Flic	0.1	
3	Flic	0.1	
4	Flic	0.1	
5	Flic	0.1	
6	Flic	0.1	
7	Flic	0.1	
8	Back Sault T	0.5	
Sub Total		1.2	
Change Penalty			
TOTAL			

Final Passes (if applicable)

<i>Pass 1</i>			
	Skills	DD	Judge
1			
2			
3			
4			
5			
6			
7			
8			
Sub Total			
Change Penalty			
TOTAL			

<i>Pass 2</i>			
	Skills	DD	Judge
1			
2			
3			
4			
5			
6			
7			
8			
Sub Total			
Change Penalty			
TOTAL			

